

# HELP WANTED



## Supportive Roommate

Through the Integrated Living Services program, funded by PDD, we match adults living with developmental disabilities with individuals and families in the Calgary community.

**Are you looking to open your home to a young female individual, a 21-year-old with Spastic Diplegia? If yes, do you match the following criteria?**

### Criteria:

- Residing in a safe community/ neighborhood in the Central quadrant of the City
- Have an available private bedroom
- Experience in working with persons with development disabilities
- Provide support with daily living skills, budgeting, household management, personal hygiene and grooming, grocery shopping, meal preparation, transportation, providing health and medical support, monitoring mental health, attending community activities, walks and assist with development and maintenance of interpersonal relationships
- The client will require a home that has the following environmental modifications; ramp to the front of a home to allow accessibility with a wheelchair, access into and out of the home, access throughout the entire home, hallways and doorways that are sufficiently wide, easy access to at least one bathroom and the ability to use all parts of the bathroom, hard floors or low-pile carpeting, grab bars with reinforced walls, lever handles on doors or automatic openers and appropriate counter height in the bathroom and kitchen
- The client requires grip mats when bathing or showering to avoid slipping and falling, grab bars to hold onto are required to ensure that she can move her body weight safely while showering, and any sharp surfaces such as the tub faucet should be covered with rubber or towels. She requires assistance getting in and out of the tub, using her shower chair, washing her hair, and dressing herself and requires additional time to complete many of these tasks on her own. Furthermore, she also requires prompts to recognize when it is necessary to perform tasks such as taking a shower or changing her clothes
- Experience with anxiety and depression
- The client has a service dog and the ideal home must be amenable to having the dog in the home as it provides assistance, or performs tasks for the client's benefit, and provides emotional support that alleviates identified symptoms or effects of the client's disability
- Must model appropriate behaviour
- Excellent written and verbal communication skills
- Fluent in English



*DDRC is an equal opportunity employer. We thank all candidates for their interest. Only those selected for an interview will be contacted. We regret that we are unable to accept telephone*

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## Experience/Training:

- Has current or will enroll in mandatory training which include: Standard First Aid CPR/AED Level C, NVCI, Medication Administration
- Experience supporting individuals with behaviours of concern and anxiety
- Able to foster healthy relationships and maintain consistent boundaries
- Ready to include an individual with a developmental disability into their home and family, and abide by the DDRC's standards of care
- Computer Literacy and competence with Outlook and other Microsoft Software Professional / articulate communication –verbal, written, listening, two-way feedback



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Please submit your resume and cover letter to: [careers@ddrc.ca](mailto:careers@ddrc.ca) citing "DDRC-21-16W-ILP" in the subject line.

4631 Richardson Way S.W., Calgary, AB T3E 7B7 [www.ddrc.ca](http://www.ddrc.ca)